



**Suicide
Bereavement
Services**



Programme

Welcome to the Oct - Dec 2025 programme

Below you will find news from our service along with a list of our planned groups, events and workshops running October - December.

To book your place, or for further information, please email your Practitioner or contact the service directly:

sbs@leedsmind.org.uk

0113 305 5800 (Leeds Mind reception)

Places are limited. If you book onto a group, please let us know in advance (minimum of 24 hrs prior) if you need to cancel your place. We hold a waiting list for people who would like to attend and your timely cancellation may mean someone else requiring support is able to attend. Unfortunately if you are not on our register there is the possibility you may be turned away due to room capacity.

Please note, sessions can only run if there are 3 or more people signed up for that session. Any sessions with 2 or less will be cancelled.



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Ways to get involved with the SBS and Leeds Mind

Suicide Bereavement Services steering group

We have a steering group that meets 6 weekly online. The aim of the steering group is to ensure the Suicide Bereavement Service is shaped and informed by lived experiences as we continue to develop as a service. To join please email SBS@leedsmind.org.uk or call 0113 3055800 (Leeds Mind reception).

Leeds Mind Impact Group

Leeds Mind aims to deliver high-quality and inclusive support by understanding the needs of our communities. The Impact Group gives you the opportunity to influence Leeds Mind's work, to make sure we are offering the services you want and need and working in a way that works for you. The group meet once every 6 weeks. For more information contact impact@leedsmind.org.uk or call 0113 305 5800 (Leeds Mind reception).

Volunteering opportunities at the Suicide Bereavement Services (or across Leeds Mind)

All volunteering opportunities are advertised on the Leeds Mind website here [Volunteering - Leeds Mind](#)



What's new

Venue change to face to face group in Leeds

Please note, from May onwards there will be a new venue for our monthly face to face group running in Leeds. It is still in the city centre but it is important that you register to attend for these sessions so that we can provide you with details of the new location and monitor attendance levels to meet health and safety regulations. Thank you.

Young People Social Group

We have been trialling a new support group for the young people who access our service and we have had great feedback so far. It is a relaxed and friendly online group for anyone aged 16+ who has been bereaved by suicide. This is a space to connect with others who understand, take part in creative activities, and share experiences at your own pace. There's no pressure to talk- join in whatever way feels right for you.



Events

Family Fun Day

Friday 31st of October

9am - 12.30pm

TCD Dance Studio, Jo Cox House (side door), Commercial Street, Batley

Come along to our creative ceramics workshop with Natasha Jackson Ceramics. This relaxed, hands-on session is open to all ages and offers a chance to explore clay, shape your own unique creations, and spend quality time together as a family. A fun and engaging activity to spark imagination and connection.

Leeds Memorial

Saturday 6th of December

1pm - 3pm

Abbey House Museum, Kirkstall

Our memorials are a relaxed family friendly event where we remember our loved ones. We have refreshments and optional activities followed by a brief non-religious ceremony to light a candle in remembrance.





Zoom schedule

Date	Time	Group
Mon 6/10/25	6pm - 7.30pm	General Peer Support Group
Wed 8/10/25	5.30pm - 6.30pm	Young People's Social Group
Mon 3/11/25	6pm - 7.30pm	Friend Loss Peer Support Group
Wed 19/11/25	5.30pm - 6.30pm	Young People's Social Group
Mon 1/12/25	6pm - 7.30pm	Workshop - Continuing Bonds



Face to face (F2F) support groups schedule



Date	Time	Group
Tues 7/10/25	5pm - 6:30pm	F2F Monthly Support Group
Tues 4/11/25	5pm - 6:30pm	F2F Monthly Support Group



Full calendar

Date	Time	Group
Mon 6/10/25	6pm - 7.30pm	Zoom - General Peer Support Group
Tues 7/10/25	5pm - 6:30pm	F2F Monthly Support Group
Wed 8/10/25	5.30pm - 6.30pm	Zoom - Young People Social Group
Fri 31/10/25	9am - 12.30pm	Family Fun Day
Mon 3/11/25	6pm - 7:30pm	Zoom - Friend Loss Support Group
Tues 4/11/25	5pm - 6.30pm	F2F Monthly Support Group
Wed 19/11/25	5.30pm - 6.30pm	Zoom - Young People Social Group
Mon 1/12/25	6pm - 7:30pm	Zoom workshop - Continuing Bonds
Sat 6/12/25	1pm - 3pm	Leeds Memorial