Annual Review 2015/16 - Chairs report

Welcome to the Leeds Mind Annual Review for 2015/16.

Leeds Mind has had an extremely successful and busy year as we have expanded considerably. We have been successful during the year in being awarded the social prescribing contract for south and east Leeds, Connect For Health, and in obtaining funding for working with people bereaved by suicide. In addition we have increased our peer support funding through the national Side by Side project and we have increased the number of sessions we have in Westfield Leeds through additional funding.

During the year over 2,500 people accessed our services and demand continues to grow. Our feedback from these clients has continued to be excellent as evidenced by an independent survey undertaken in conjunction with national Mind. Over 75% of our clients said they recommended Leeds Mind to their friends and family and over 90% said that their worker knew them and they were treated as an individual.

We currently have in excess of fifty clients.

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Self Directed Support (SDS)

Self-Directed Support is a service based around the needs of individuals to help improve their mental health. The service enables those on regular users in the community and inner-city areas.

Here are some of the ways we support people:

- We work with people on their personal development goals, such as improving their home care skills, cooking, shopping, and managing their finances.
- There is a focus towards more one-to-one mental health support work being provided through SDS and anyone can contact Adult Social Care to say if they are eligible for an assessment for this service. People can pay for SDS support themselves if they are financially able to.
- This service has continued to grow and we aim to ensure Leeds Mind continue to offer this form of individualised support.

Connect for Health

It’s been a busy service start up period for our new self-directed prescribing service, Connect for Health. Funded by Leeds South and East Clinical Commissioning Group, Connect for Health is a joint venture with Leeds Mind partners, Leeds Irish Health and Homes, Touchstone, Barca, Leeds Better Communities and Remora delivering Self Directed Prescribing across south and east Leeds.

The service officially launched in January 2015, connecting healthcare professionals with SDS users. Over 700 individuals accessed the service in the first 12 months and we were very excited to receive funding for our priority for us and we were very pleased to know that 270 of these individuals accessed the service.

The service has continued to grow and we aim to ensure Leeds Mind continue to offer this form of individualised support.

Inkwell Arts

Inkwell Arts runs creative activities to promote positive mental health through the arts providing services for people suffering from mental health difficulties.

The team generated £9k in 2015/16 providing services to a wide variety of clients including Leeds, West Yorkshire, NHS, Mind, Leeds Irish Health and Homes, Leeds Social Befriending Service, RVS (providing a bi-weekly dementia friendly cafe and kitchen), FoodCycle preparing a monthly shower for our people sheltered by Secret Cinema.

Feedback for the food quality has been very positive. One attendee commented, “I was so excited to see the lunch provided by Inkwell and it was so lovely, they are very socially isolated. We have employed one volunteer as a member of staff as we are now responsible for our menu and kitchen training.”

Leeds South and East Clinical Commissioning Group

Our volunteers maintain social media platforms, run focussing on community events and assist in the running of our courses.

The majority of courses run from our arts centre where the café acts as a central hub serving nutritious, affordable vegetarian food. The café gives work and training opportunities to our volunteers who gain experience in baking, cooking and service skills.

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PEP (Patient Empowerment Project)

The overall aim of the NHS Leeds West Patient Empowerment Project is to improve the wider health and social care of patients by providing a referral route between GP practices and local voluntary sector organisations, activities, groups and services.

The PEP team has been successful in helping our patients to continue to develop and continue with their support networks. PEP is part of the BARCA, Better Leeds Communities, Touchstone and subsidiaries.

We have received referrals from many tertiary settings of the GP practices in Leeds South and East and we have continued to build on this over the coming year.

Housing

Leeds Mind Housing service has continued to extend its reputation within the Positive Pathways consortium, which, in turn, has had an excellent reputation across the city. We support 102 clients at any one time.

Our outcomes for commissioners reporting we are meeting or achieving all targets set for the last year, especially in terms of delivering Outcome Star training to all Housing Support workers within the consortium at the development and understanding of using this measurement tool.

“We need to improve our social outcomes, we have seen an increase in the number of clients making connections and receiving support.”

The team has the opportunity to access the clinical reflective practice group that is facilitated on a monthly basis by an independent facilitator – feedback from this has described the group as “invaluable,” “excellent” and “just what we need.”

Workplace Leeds

What is great year has been at Workplace Leeds! Since day one we have aimed to provide an outstanding service to our clients and to support them to achieve their potential.

This year we have had no exception as we have been continuing to develop our service in line with the Government’s Employment Support, Job Retention and IT services, in delivering across the city and working alongside our partners and other local providers across West Yorkshire.

Our 46 sessions include West Yorkshire Fire Service, Direct Line, HMV plus Blue Light training sessions (specifically designed for the emergency services).

Training

Our training service provides expert mental health training and support to organisations across Leeds; our aim is to help prevent mental health, promote wellbeing and challenge stigma in the workplace.

Since we appointed a training co-ordinator (July 2015) we have begun the process of developing our training offer; we have reviewed our pricing structure and recruited internal trainers to help the delivery of our packages using a quality assurance process.

We also began to look at developing a Leeds Mind Employer Package offer – which includes joint work with our Peer Support Service, Inkwell and Workplace Leeds. This strategic approach has enabled us to move towards creating a central training offer to clients across Leeds Mind.

Training total (July 2015 - March 2016)

Delivered 46 sessions including West Yorkshire Fire Service, Direct Line, HMV plus Blue Light training sessions (specifically designed for the emergency services).

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