Welcome to the Leeds Mind Annual Review

Last year I said how busy the year had been and that there were some major changes both in Leeds Mind and in the City. This year has been no different and we have continued to grow our services and respond to the needs of the community. The environment remains very competitive but we have increased our income by 29% to over £3.164m.

This is due to increases in grants and contracts for new funding streams and an increase in our fund raising. During the year over 3,988 people accessed our services from all parts of Leeds and demand continues to grow. Our feedback from these clients has continued to be excellent and we are delighted to share this.

We have continued to deliver on our mission to enable people with mental health difficulties to flourish. We are looking forward to another challenging year next year and we are optimistic that mental health will remain high on the political agenda. None of this would be possible without the hard work and dedication of all our amazing staff and volunteers and I would like to thank them all.

Annual Review 2016/17

Our mission

Leeds Mind enables people with mental health difficulties to flourish.

“Thank you for being so supportive and helpful. You listened and that was the greatest support I could have asked for"  
"I honestly don’t know where I would be without your help”

Our vision

Better mental health for all

Annual Review 2016/17 - Chair’s report

Finances & Funders

Fund Raising

We have had another fantastic year for people fundraising for Leeds Mind and would like to thank everyone who has taken part in various challenges and activities and to organisations for choosing Leeds Mind as their Charity of the Year. We are extremely grateful for their support and generosity.

In 2016 Mind was chosen as one of the eight partner charities for the ‘Heads Together’ Campaign, founded by the Duke and Duchess of Cambridge and Prince Harry and had the privilege of being the 2017 ‘Connect for Health’. We were given the opportunity to compete in this prestigious event with all ten crossing the finish line and raising a fantastic £12,470.01!

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Our supported housing team moved to Engage Leeds at the end of the year and we wish them all the very best and thank them for their hard work and commitment.

We have continued to deliver on our mission to enable people with mental health difficulties to flourish. We are looking forward to another challenging year next year and we are optimistic that mental health will remain high on the political agenda. None of this would be possible without the hard work and dedication of all our amazing staff and volunteers and I would like to thank them all. During the year, a number of Trustees have stepped down from the Board and we have welcomed several new Trustees. I would like to thank both previous and new members of the Board for their challenge and support.

We will continue to work with our existing partners and new partners in the voluntary, public and private sectors as we remain committed to influencing the mental health system and improving our ways of working to meet new demands.

Linda Grant
Inkwell provides a safe, supportive and creative space that uses creativity to develop skills as an integral part of recovery from mental health difficulties. We believe that creativity plays a significant role in helping people to improve their mental health and wellbeing.

We provide a range of innovative courses and events for people of all ages and abilities. Our courses are designed to help people improve their mental health and wellbeing through the power of creativity.

Inkwell holds and supports 18 exhibitions a year. 360 artists exhibit their children and artwork in a public area. We have also hosted a series of talks by artists and the practice and the impact on wellbeing. These activities provide a safe and creative space for people to come together and share their experiences.

Inkwell has a positive impact on people's mental health. The project has been running for over a year and has received positive feedback from participants.

Inkwell started a music workshop in this year with 8 participants. We have also developed a range of art and design workshops, such as pottery, painting, and creative writing. These activities provide a safe and creative space for people to come together and share their experiences.

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