



# Pledge 2021

For many of us, 2020 has been a difficult year, and has taken its toll on our mental health.

That's why Leeds Mind is asking you to make a pledge for 2021 and help us work towards our vision of **better mental health for all**.

## Pledge to take part in a 2021 Event



We have plenty of exciting events in 2021, and can support you fully in your fundraising journey.



## Pledge to organise your own fundraiser

As always, your imagination and enthusiasm are very welcome! If you have a brilliant fundraising idea, get in touch to bring it to life in 2021.

## Pledge to volunteer at a 2021 Event



We are constantly looking for volunteers who can donate their time to help us at our events.

## Pledge to support LM through your workplace



From our Charity of Choice partnerships to Mental Health Training, there are a number of ways that your workplace can support Leeds Mind

**Already decided how you can support Leeds Mind?**

Amazing! Drop us an email at: [fundraising@leedsmind.org.uk](mailto:fundraising@leedsmind.org.uk)

We'll send out our Virtual Pledge Pack, with everything you'll need to get started!