



**Suicide
Bereavement
Services**



Programme

Welcome to the July - September 2025 programme

Below you will find news from our service along with a list of our planned groups, events and workshops running July - September.

To book your place, or for further information, please email your Practitioner or contact the service directly:

sbs@leedsmind.org.uk

0113 305 5800 (Leeds Mind reception)

Places are limited. If you book onto a group, please let us know in advance (minimum of 24 hrs prior) if you need to cancel your place. We hold a waiting list for people who would like to attend and your timely cancellation may mean someone else requiring support is able to attend. Unfortunately if you are not on our register there is the possibility you may be turned away due to room capacity.

Please note, sessions can only run if there are 3 or more people signed up for that session. Any sessions with 2 or less will be cancelled.



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What's new

Goodbye and thank you to Thom

Many of you will have spoken with Thom at some point as part of your experience of using our service. Thom was our Administrator and a much-loved member of the team. Thom has left our service to pursue a more hands-on job of joinery. We wish him all the best in his new adventures.

Bradford Literature Festival - SBS social event

Bradford Literature Festival have very kindly given us a limited number of free tickets for an event, details are below.

If you would like to sign up to this event please email SBS@leedsmind.org.uk.

But Indeed I Would Rather Have Nothing But Tea!

Sunday 6th July

3 - 4.30pm

Midland Hotel, Bradford, BD1 4HU

At the heart of this delightful gathering is a guided tea tasting with Kate Halloran, Tea Innovation Manager at Taylors of Harrogate, featuring blends inspired by the Regency table, brewed to perfection and served with elegant cake in true Austen style.

“But indeed I would rather have nothing but tea.” confides Fanny Price in Mansfield Park – and for lovers of literature and a well-brewed cup, such a sentiment needs no defence.

Alongside this most civilised refreshment, a food historian will lead a charming exploration of the role food and drink play in Austen’s novels, letters, and life. From subtle courtships over supper to the social codes of tea tables, we’ll uncover how Austen used food to reveal character, class, and comedy.

An unmissable treat for admirers of Austen, lovers of tea, and those with a taste for literary history.

The recommended age for this event is 16+. Under 18’s must be accompanied by an over 18 ticket holder.

If you would like to have a look at the other events going on for the Bradford Literature Festival you can view the programme on their website www.bradfordlitfest.co.uk.



Ways to get involved

Suicide Bereavement Services steering group

We have a steering group that meets 6 weekly online. The aim of the steering group is to ensure the Suicide Bereavement Service is shaped and informed by lived experiences as we continue to develop as a service. To join please email SBS@leedsmind.org.uk or call 0113 3055800 (Leeds Mind reception).

Leeds Mind Impact Group

Leeds Mind aims to deliver high-quality and inclusive support by understanding the needs of our communities. The Impact Group gives you the opportunity to influence Leeds Mind's work, to make sure we are offering the services you want and need and working in a way that works for you. The group meet once every 6 weeks. For more information contact impact@leedsmind.org.uk or call 0113 305 5800 (Leeds Mind reception).

Volunteering opportunities at the Suicide Bereavement Services (or across Leeds Mind)

All volunteering opportunities are advertised on the Leeds Mind website here [Volunteering - Leeds Mind](#)



Zoom support group schedule

Date	Time	Group
Mon 7/7/25	6pm - 7.30pm	Sibling Loss Peer Support Group
Mon 4/8/25	6pm - 7.30pm	General Peer Support Group
Mon 1/9/25	6pm - 7.30pm	Workshop - Coping With Anniversaries



Face to face (F2F) support groups schedule



Date	Time	Group
Tues 1/7/25	5pm - 6:30pm	F2F Monthly Support Group
Tues 5/8/25	5pm - 6:30pm	F2F Monthly Support Group
Tues 2/9/25	5pm - 6:30pm	F2F Monthly Support Group



Full calendar

Date	Time	Group
Tues 1/7/25	5pm - 6:30pm	F2F Monthly Support Group
Sun 6/7/25	3pm - 4.30pm	Bradford Literature Festival tea-tasting social event
Mon 7/7/25	6pm - 7.30pm	Zoom - Sibling Loss Support
Mon 4/8/25	6pm - 7.30pm	Zoom General Support Group
Tues 5/8/25	5pm - 6.30pm	F2F Monthly Support Group
Mon 1/9/25	6pm - 7:30pm	Zoom workshop - Coping With Anniversaries
Tues 2/9/25	5pm - 6.30pm	F2F Monthly Support Group